



**DYNAMIC TEACHING
APPLIED TO THE SAILINGMAKER**

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If we consider learning a dynamic process and interpersonal relationship between instructor and student, becomes very important the teaching method adopted. I believe that today are changed instruments and methods of teaching, the youth of this generation use them daily at school and during leisure time like Computer, Internet and Wii.

Taking into account these changes, I believe that today, even learning the sport of sailing must be based on more dynamic proposals , modern and fun. The simulator that I created, must be used as support for teaching the sail, I think it can be considered one of the most innovative tools to facilitate teaching and learning with a dynamic process, convinced more and more that the practical demonstration helps to achieve the objectives.

*The **Sailingmaker** not want to replace the practice in water but become a valid and modern teaching support for all the instructors and sailing clubs that with passion are promoting and teaching the sport of sailing.*

Sergio Pariscenti – FIV Instructor



Born in Crema, 51 years old, Communications Consultant, FIV instructor, president of the Crema Sailing Association. He divides his attention between sailing and running, especially desert racing.

ADVANTAGES AND TEACHING OPPORTUNITIES

- 1 - Enjoy and facilitate learning with playful methodology early approaches to the sail.**
- 2 - Enter in schools with a dynamic and fun approach.**
- 3 - Attenuation-annulations fears / uncertainties related to the boat imbalances on the water.**
- 4 - Exercises with boat completely equipped.**
- 5 - Facilitating communication between instructor and student.**
- 6 - Close monitoring the correct positions, attitude, movements.**
- 7 - Further specific and technical information about the dingy.**
- 8 - Preparatory exercises for athletic training.**
- 9 - Ensure the training activities even in bad weather days.**

1 - Have fun and facilitate learning with playful methodology in the first approaches to sailing.

Creating this didactic phase of acquisition situations more similar to those that students will find in water using a method that reduces the time of attention to theoretical exposure with the benefit of learning more practical, fun and exciting for students.

2 - Enter the school with a dynamic and fun approach.

Today SailingMaker is the only instrument in the world capable of promoting sailing in schools with a dynamic and fun approach. Using this innovative and dynamic simulator each club has the opportunity, after a phase of theoretical presentation, to provide to the boys the practical activity on the simulator making them fully engaged. The involvement of boys, becomes more attractive and certainly more fun and less boring of a normal theoretical lesson on the blackboard.

3 - Attenuation or annulations' fears and uncertainties related to the boat imbalances on the water.

To acquire at this stage stability on the boat, teaching the student about the situation to him yet unknown, simulating instability and roll, preparing him to acquire familiarity and confidence with instability and deal more safely with entering the water.

4 - Exercises with boat completely equipped.

At this stage the instructor teaching stimulates students' curiosity by showing the different parts of the dingy and illustrating a dynamic gaits, correct body position and reproduce the various points of sailing using the electronic rudder.

Student's takes turns performing the exercise on the simulator which will be later repeated in water.

5 - Facilitating communication between instructor and student.

Through the use of the simulator will be eliminated the difficulties of communication between raft and boat. Teaching at this stage reduces pressure on the alliance of the instructor. Often for reasons of engine noise, distance and hearing difficulties, the instructor is forced to use a tone of voice that could be interpreted as a rebuke by the student touching his feelings.

6 - Close monitoring the correct positions, attitude, movements.

At this stage the instructor take notes from the raft of position defects, attitude adjustment of the student in the water. On his return to the sea-side, again on the simulator, the instructor repeatedly perform the exercise that is designed to eliminate defects and to achieve a significant improvement to be verified later with the subsequent release into the water.

7 - Further specific and technical information about the dingy.

In this phase of education aimed at the improvement, the instructor changes and improves the technical positions of the student assisting him closely. Constant repetition exercise on the simulator, perfect movement, technique and stance boat improving student's ability, dexterity and rhythm.

8 - Preparatory exercises for athletic training.

At this stage, the use of the simulator is applied as a useful tool for athletic training and physic exercises. The care of the position, posture boat deserves a lot of youth care, care that is still often slighted.

9 - Ensure the training activities even in bad weather days.

Too much wind, light wind, big waves are some of meteo-marine conditions that affect the organization of a sailing trainings. With the help of SailingMaker we can ensure business continuity and optimize the time of the training even with unfavourable weather conditions. The instructor will engage the students by involving them in turn carrying simulator exercises making the wait much more active and dynamic.